

# PARENT NEWSLETTER AUTUMN 2019/20

# MENTAL HEALTH DAY 2019

# **Berrybrook Primary School Well-Being Room**

Thursday 10th of October marked Mental Health Day and Berrybrook Primary School were delighted to open their new well-being room in conjunction with this celebration. This unique room acts as an oasis of calm for children in school who may feel overwhelmed by any issues outside and inside of school. Inside the room are sensory toys, lego and comfy seating to help them unwind when things get a bit too much for them. This new space is there to be used by the children whenever they need some time out for themselves.



Previously when children became distressed or anxious in lessons, they would leave the classroom and stand in the corridor.

This new room was officially opened by Megan Reece, who found fame on the television show—The Voice in 2016. Megan, mother of five children said,

"When I was asked by the school to open the room I immediately said yes as mental health is very close to my heart.

It's reassuring as a parent for me to see that schools like this are taking the children's health into consideration and thinking about their futures in terms of health as well as education.

The well-being room shows the children that they're supported and that help is there for them when they need it, which is something they can take with them into later life. I know I'd have loved something like this".

Megan performed two songs for the children 'Ride Up' by Andrda Day and 'Empire State of Mind' by Alicia Keys which were chosen to reflect the topic of the day.

# Mental Health Celebrations at Woodthorne Primary School

Everyone at Woodthorne Primary School had an amazing day in school on Mental Health Day, raising both awareness and funds for Mental Health.

The day began with a whole-school staff breakfast together, then everyone in school walked a mile.

Children across all year groups enjoyed a range of mental health -themed activities.

The school sold fruit as snacks and bookmarks the children had made.



In total the school raised an impressive total of  $\bf £471.91$ . This will be split between Young Minds and the School for Mental Health Provisions.

#### HAND IN HAND FOR OSCAR

**Stanley Road Primary School** held an own-clothes day to raise funds for a local boy in Worcester called Oscar. Oscar is a 5 year old boy who has T-cell Acute Lymphoblastic leukaemia. Sadly, Oscar's recent stem cell transplant hasn't cured him, meaning that he urgently needs further treatment that the NHS cannot fund. His parents desperately need help in raising £500,000 to fund either a second transplant or enrolment onto Car-T therapy in Singapore. They say that if Oscar does not receive this treatment by November it may be too late. Last Friday,



Stanley Road managed to raise an amazing £607! Further fundraising is happening across Worcester and they have so far achieved 91% of the target amount. For further information or to donate online please go to <a href="https://uk.virginmoneygiving.com/Team/HandinHandforOscar">https://uk.virginmoneygiving.com/Team/HandinHandforOscar</a>



#### BIRTHDAY CARDS FOR RHYS WILLIAMS

You may have recently seen a story in the news about a 13 year old boy from Bolton – Rhys Williams who suffers from a painful and life-limiting condition - epidermolysis bullosa, which causes painful skin blisters, sores and has even caused his fingers to fuse together. Rhys's mother made a public plea asking people to send a birthday card to Rhys for his 14th birthday, who had recently told his mother he had 'Had enough of life', to help show him he has something to live for.

Alfie Baugh, son of Nicola Baugh (Senior Lunchtime Supervisor at Berrybrook Primary School) was really touched by this story and asked his mom to help get the Trust schools on board so that we could help him to get as many birthday cards as we could together for Rhys.

Staff and children from schools within the Trust were more than happy to get involved by making and buying cards and writing kind words and messages of encouragement to Rhys. In total we managed to contribute over 300 cards to the 927 cards collected for Rhys by

Alfie.

It has been wonderful to read the news updates which have shown Rhys, getting great pleasure and comfort from opening a staggering 18,000 birthday cards from people all over the world!

Happy Birthday Rhys—what an inspirational young man you are to us all!



#### DARRYL'S CYCLE FOR CANCER

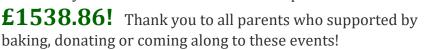
During the month of September, Darryl Asbury (Executive Headteacher for Standards) cycled an impressive 300 miles on his bike in order to raise money for Cancer Research UK. Darryl was inspired by the need for life -saving research and wanted to help bring forward the day when all cancers can be cured. Unfortunately we have all known people who have suffered and the heartache caused by this terrible disease. You can still support Darryl with his fundraising by visiting: <a href="https://">https://</a>

fundraise.cancerresearchuk.org/page/darryls-cvcle-300-fundraising-page-3

## **MACMILLAN COFFEE MORNINGS**



Well done to all of our schools who held coffee mornings to raise money for the fantastic charity – Macmillan Cancer Support. Collectively our Trust schools raised an impressive total of





## TEAM GB 400 SPRINTER VISITS PERRY HALL

On 30th September Perry Hall pupils had the amazing opportunity to be visited by a Team GB athlete to give a growth mind set assembly and individual workshop to years 1 – 6.

Ellis Greatrex, who is a team GB 400m sprinter, has won Bronze and Silver medals in his respective event, competing for Great Britain – Team GB.

The day began with a whole school assembly where Ellis introduced himself to the children, spoke about his career and his achievements. The children loved hearing about his medals, as well as getting to handle and wear them!

Ellis spoke in depth about his career, his achievements, but also about the injuries which halted his career. It was amazing to see Perry Hall's core values being discussed and demonstrated during the assembly.

The children took part in warm up activities such as start jumps, heel flicks, high knees and criss-cross legs. Overall, the children loved the opportunity to see how an athlete's career starts and develops. They discussed the hard work, endeavour and motivation it takes to make it to the highest level of competitive athletics and sport.

The whole day was also a sponsored event raising £1900! The money raised has been sent to support Team GB and a small proportion will be given back to school for sports equipment.

#### BRAND NEW STANLEY ROAD WEBSITE COMING SOON!



Stanley Road Primary School will be launching a brand new school website very soon. Please bear with us during the switch over from our old website as there will be temporary site in place for a short time until the new one goes live. In the meantime, for any information, please contact the school office on 01905 355043.

#### INTER-MAT FOOTBALL TOURNAMENT

On Friday 18th October, Year 5 and 6 pupils from Dunstall Hill, Berrybrook and Perry Hall Primary Schools played in the first Inter-MAT football tournament of the year . Dunstall Hill hosted this event with support from the Wolves foundation team. All children played with tremendous determination and grit. Perry Hall Primary won the overall tournament with Dunstall securing 2nd place which ended with a dramatic penalty shoot out victory against Berrybrook including a match winning save from Tanpreet. As always the children represented the Trust schools fantastically and should be proud of their effort and achievement—well done everyone!



## MUSIC RECOGNITION FOR TRUST SCHOOLS

Well done to all of our schools who have been awarded with the Music Mark accreditation. This award recognises their commitment to music through the curriculum. Schools who have achieved this recognition include:

- Stanley Road Primary School
- Berrybrook Primary School
- Perry Hall Primary School
- Dunstall Hill Primary School



## SCHOOL GAMES MARK AWARD FOR SCHOOLS

Sport helps children to develop physically, socially and mentally, enabling them to better cope with the demands of **school** life, by: developing co-ordination and gross motor skills. building self-confidence and self-esteem. The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress. Well done to the following schools on obtaining the Sports Mark:

Perry Hall Primary—Gold

Berrybrook Primary—Silver

**Dunstall Hill Primary—Gold** 

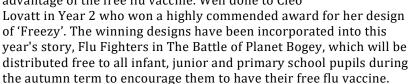
Bird's Bush Primary—Bronze

Stanley Road Primary—Gold



### WOODTHORNE PUPIL HIGHLY COMMENDED

Primary children in Wolverhampton were invited to enter a competition to create new alien foes to raise awareness of the dangers of flu and to encourage as many people as possible to take advantage of the free flu vaccine. Well done to Cleo







Paypoint cards are available on request at individual school front offices for those who have not yet signed up to Parentpay. Paypoint cards can be used to pay for meals, school trips and residentials. Please see your school front offices for further information.

# **MESSAGE FROM MRS CHEEMA**

I wanted to personally extend a warm welcome to all parents, and pupils (both existing and new) to the academic year of 2019/20.

The new term is already in full swing and it has been another pleasing start to the year. I have already witnessed many wonderful things going on in all of our schools and it has been lovely to see the children who have been to eager and excited to learn.

I hope you all thoroughly enjoy the October half term break and we look forward to seeing our pupils return to school ready for Autumn 2!



Mrs Cheema OBE